

# Otter Creek *E. coli* and Geochemistry Analysis

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Group Project from ISU ENVI 460: Conservation and Sustainability

Independent Research with Carlos Montanez and James H. Speer

## Abstract

The Otter Creek watershed is located in west-central Indiana, draining nearly 124 square miles in Clay, Parke, and Vigo Counties that drains into the Wabash River. This creek is of high recreational value for fishing and canoeing, and the Indiana Department of Environmental Management (IDEM) had identified many stretches of the creek to have high levels of *Escherichia coli* (*E. coli*) so we decided to continue studying this watershed to locate potential sources of *E. coli* and to examine the geochemistry of the sediments in the creek. We took water samples from five areas of the creek and tested these samples for *E. coli*. To test the samples, we used *E. coli* test kits with tablets that gave us a positive or negative result. All five of the water samples tested positive for *E. coli*. Our other interest was to test the sediment along the banks of the creek for heavy metal contamination. We collected six soil samples from the same five locations that the water samples were taken, but they were collected on the bank of the creek. We used the x-ray fluorescence (XRF) spectrometer in the biogeochemistry lab to test the samples for heavy metal contamination. The XRF tests revealed low potassium concentrations at Roberts Road, iron concentrations at the Rosedale site that were 63.4% higher than the average, silicon and zinc concentrations at the Rosedale site that were 62% elevated, and slightly higher than normal lead content at the Rosedale site. We concluded that further inspection of the Rosedale Road site is required to find the origin of the elevated anomalies.

## **Introduction**

Elevated *E. coli* levels are the leading cause of stream water quality impairments in the United States. The U.S. Environmental Protection Agency (USEPA) estimates that a minimum of 748,072 km of streams are contaminated with *E. coli*, potentially posing a risk to human health (Pandey and Soupir, 2013). In 2009, the Indiana Department of Environmental Management (IDEM) conducted a survey of Otter Creek. The cause of the survey was an *E. coli* contamination. IDEM suggested the sources of *E. coli* contamination could be pastures, agriculture, urban and rural runoff, land application of manure, and malfunctions of home sewage disposal systems.

*E. coli* bacteria naturally live in the intestines of healthy humans and animals. Most varieties of *E. coli* are harmless or cause relatively brief diarrhea. However there are strains, such as *E. coli* O157:H7, that can cause severe abdominal cramps, bloody diarrhea and vomiting. Healthy adults usually recover from an *E. coli* O157:H7 infection within a week. Older adults and young children are at a greater risk of developing a life-threatening form of kidney failure from the O157:H7 strain of *E. coli* (Meyer, 2015). It is estimated that 265,000 *E. coli* infections occur each year in the United States, the strain O157:H7 causing about 36% of those infections (Seidu, *et al.*, 2015).

*E. coli* and many other bacteria make up some 70 percent of fecal matter by weight. Since *E. coli* is an important member of the bacterial flora found in the human colon, and that as many as 50 percent of dairy and beef cattle herds carry the *E. coli* O157:h7 strain, the presence of *E. coli* is used as an indication of fecal contamination of water. Water supplies may be contaminated in

several ways, including inadequate sewage treatment and runoff from irrigation of land where fertilizers containing animal waste have been used (Seidu *et al.*, 2015).

Along with the *E. coli* testing of the creek, we performed XRF tests on sediment samples taken from the creek banks. XRF spectrometer is an x-ray instrument used for non-destructive chemical analysis of rocks, minerals, sediments, and fluids. The XRF process tests samples for their levels of elements such as potassium, lead, uranium, arsenic, zircon, zinc, copper, nickel, iron, manganese, chromium, vanadium, antimony, cadmium, aluminum, silicon, chlorine, and magnesium. The evaluation of major and trace elements in materials by XRF is done when radiation from the instrument knocks an electron out of the nucleus of an atom and one of the electrons from the shells falls into the nucleus to replace it, discharging a set amount of energy that can be related to the element being detected (Suhailly *et al.*, 2014). Heavy metal enters the environment from natural and anthropogenic sources (Ali *et al.*, 2013). Sources of excess heavy metal deposition in soil include agriculture, mining, smelting, electroplating, and other industrial activities.

The Otter Creek Watershed includes 220 miles of stream and drains 124 square miles (IDEM 2014). The watershed includes portions of Clay, Parke, and Vigo county and includes parts of the following cities: North Terre Haute, Seelyville, Staunton, Brazil, and Carbon (Figure 1). The land in the watershed is mainly a mixture of forest and agriculture or pastureland that includes many head of cattle, horses, pigs, and sheep (Figure 2).

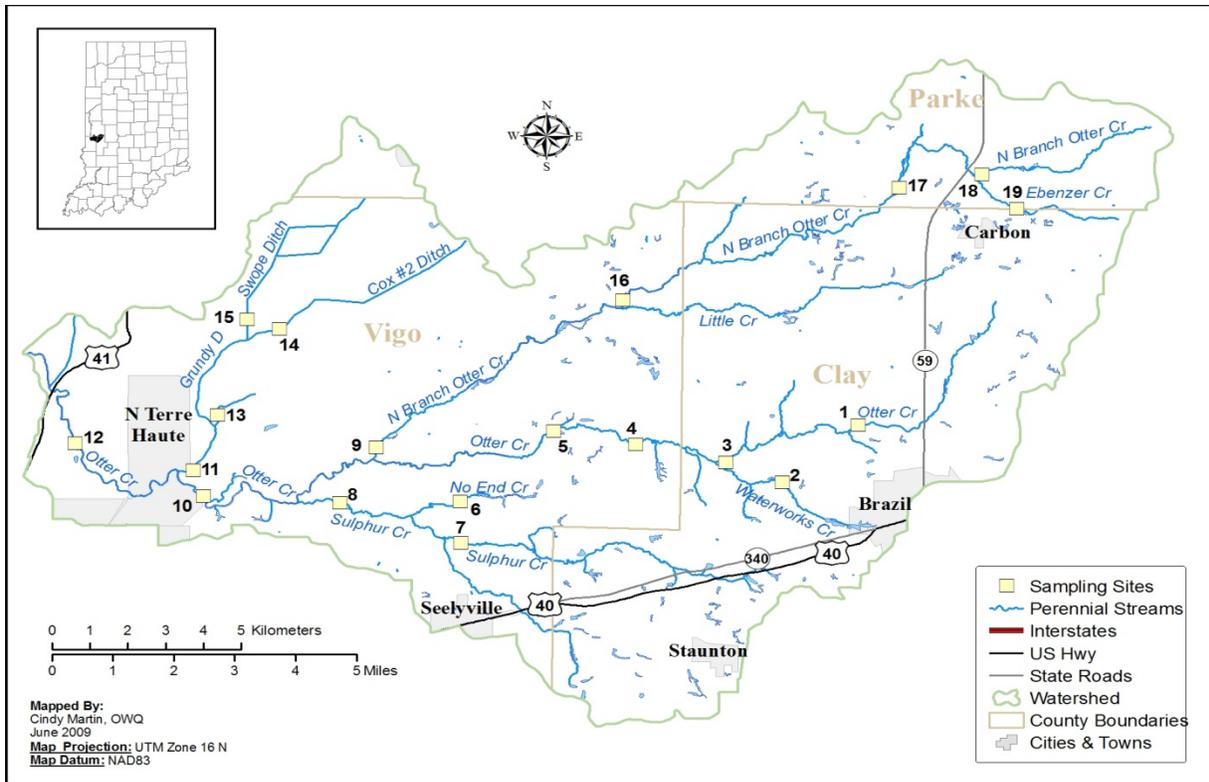


Figure 1: The Otter Creek Watershed including all of its named branches and the IDEM sampling locations (map created by Cindy Martin 2009).

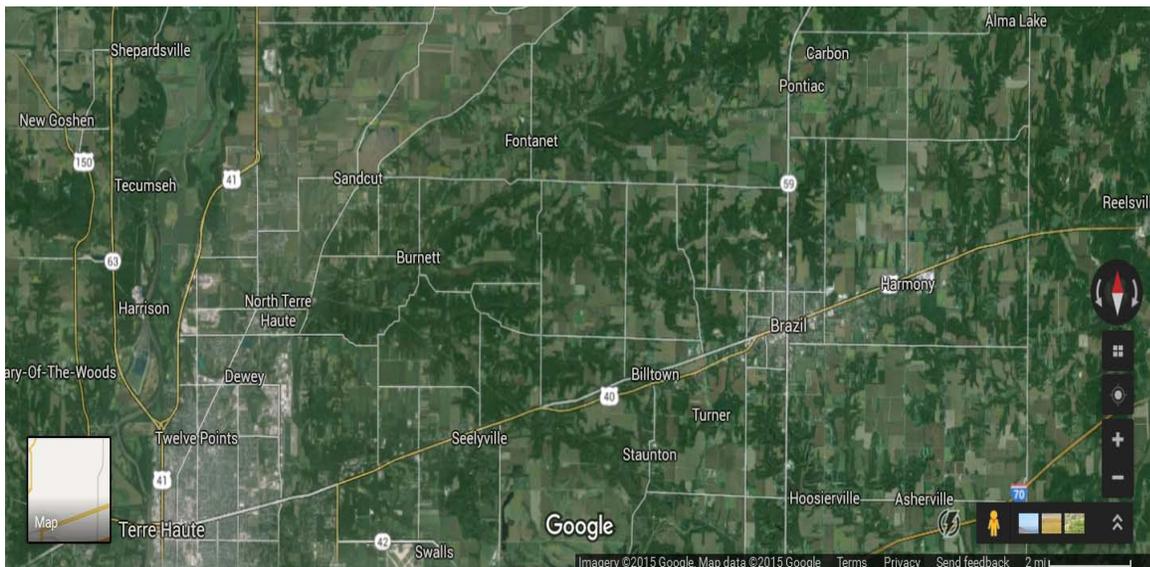


Figure 2: Google Maps image of the Otter Creek Watershed that shows the mix of forest and agricultural land.

IDEM has surveyed the streams in the Otter Creek Watershed in 2008 (Figure 3) and again in 2014 (Figure 4) for *E. coli* contamination and found a great increase from a few stretches of contamination in the stream to almost every stretch showing presence of *E. coli* (IDEM 2014). This Total Maximum Daily Load report from IDEM has raised enough concern about the watershed that a community group called the Ouabache Land Conservancy has brought together a group community organizations and individuals to apply for an IDEM 319 grant that was submitted in September 2015. The work that is reported on here was completed in an Indiana State University ENVI 460: Conservation and Sustainability course and later followed up with an independent research project from Carlos Montanez under the supervision of Dr. James H. Speer.

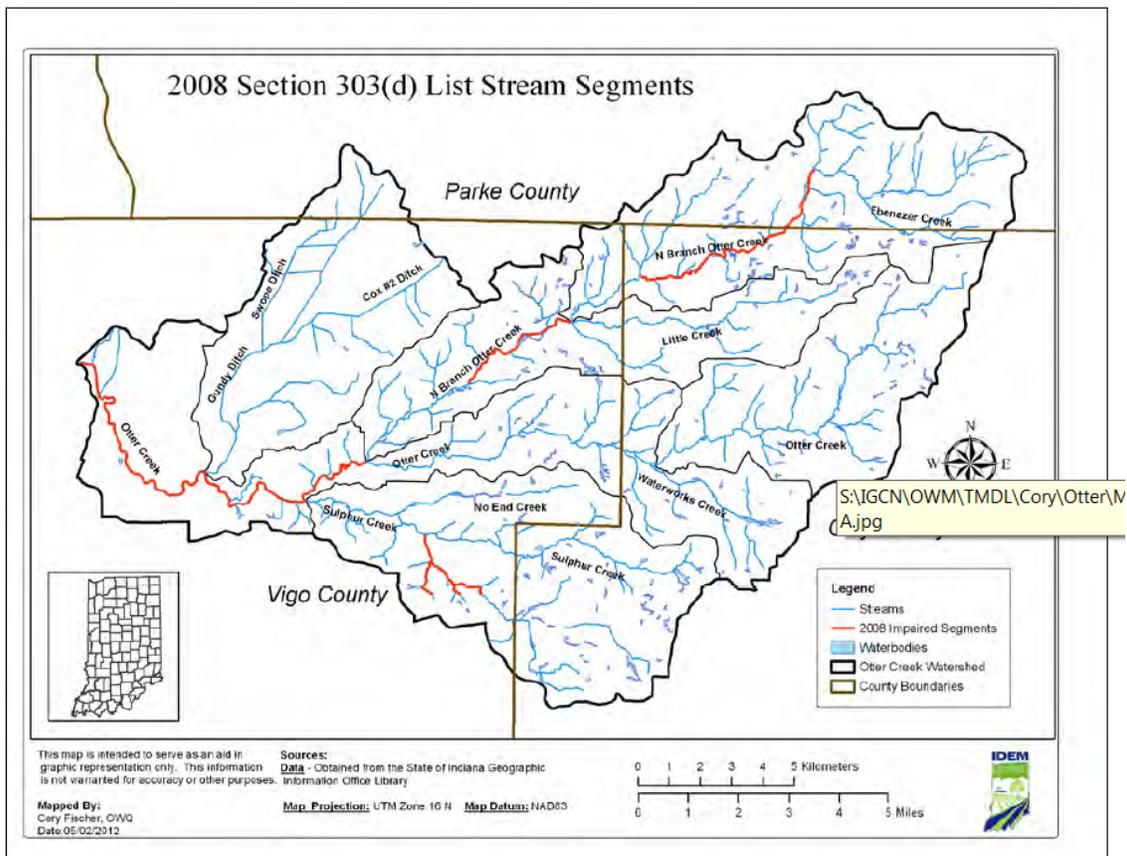


Figure 3: Streams listed on the 2008 Section 303(d) list in the Otter Creek Watershed of impaired stretched of Otter Creek from the IDEM 2014 TMDL Report.

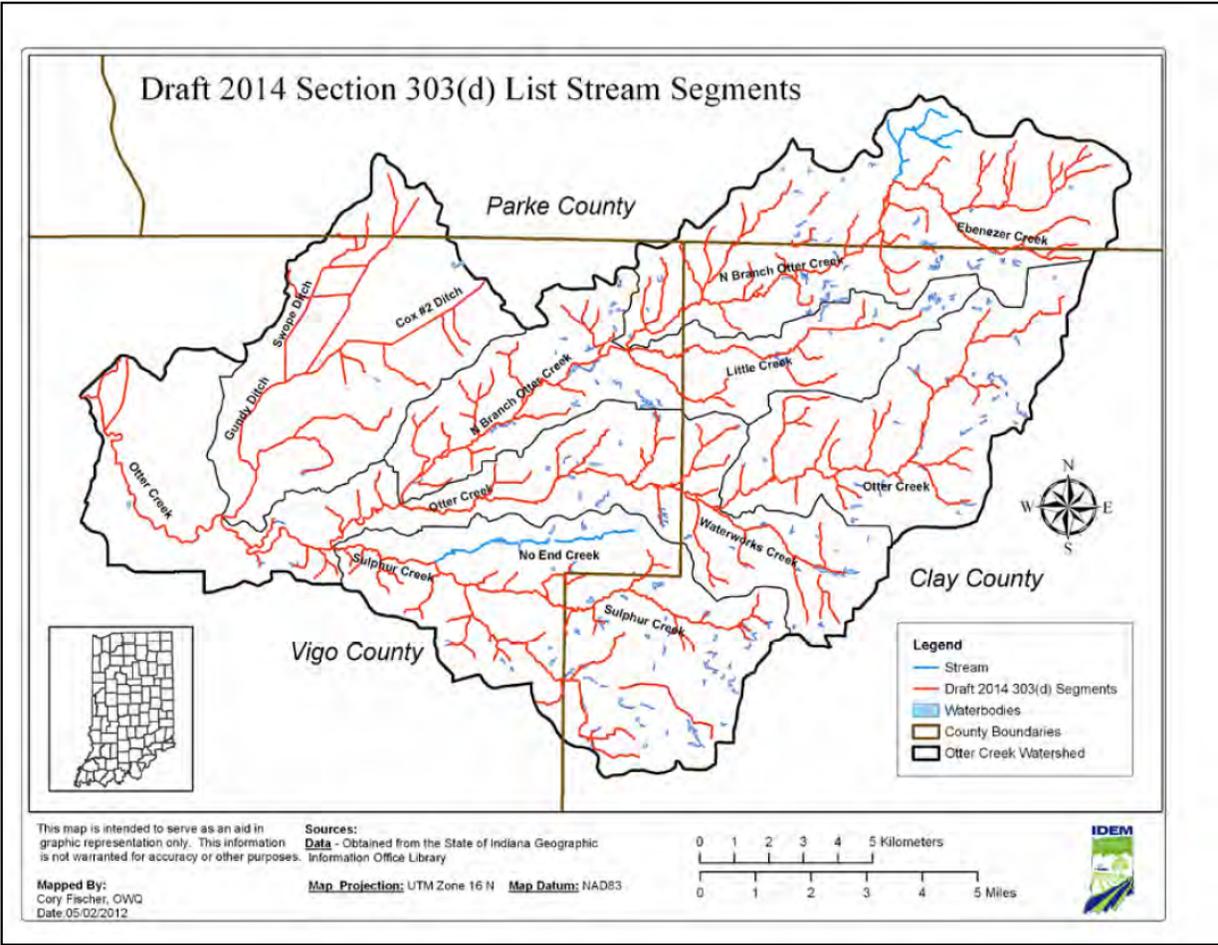


Figure 4: Streams listed on the 2014 Section 303(d) list in the Otter Creek Watershed of impaired stretched of Otter Creek from the IDEM 2014 TMDL Report.

**Methods**

In December 2015, we drove through much of the watershed, taking back roads that frequently crossed different stretches of Otter Creek and its tributaries. During these travels, we took photographs of many of the common observations along the drive using a Pentax WG-10 camera.

In spring 2015, we collected five water samples from six locations along the creek for *E. coli* testing in an presence/absence test. These sampling locations were at road crossings at Clinton

Street, Rosedale Road, Roberts Road, Hasselburger Avenue, and Highway 41 which intersected with the creek. We put each of those samples in separate glass vial and added an *E. coli* testing tablet to the vial. To culture the sample, the vials had to be covered in aluminum foil and placed upright for 48 hours. After 48 hours, we uncovered the vials and compared the color of the sample to the color card. In general, red meant a negative result and yellow meant the sample was positive for *E. coli*.

We also collected six soil samples from the same locations as the water samples, but along the bank of the creek. We placed the samples in whirl-paks and used x-ray fluorescence (XRF) to test the heavy metals levels in each of the samples through the film of the bag. We compared these levels with the levels that are currently deemed as safe for each of the metal components. In December 2015, we collected four more sediment samples for XRF analysis and completed a dashboard survey of the watershed starting at Mill Pond and driving through back roads along branches of the creek back to the location where the North Branch of Otter Creek crosses Hwy 59 north of Carbon, Indiana (Figure 5).

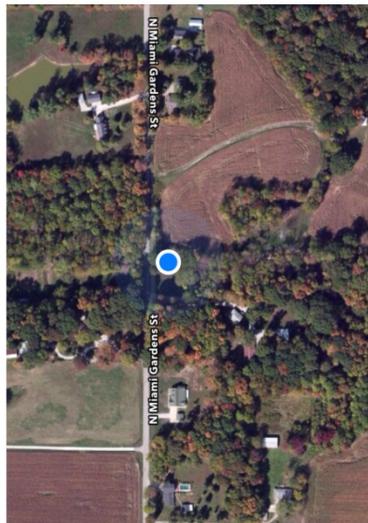


Figure 5: We took samples with a soil auger, collected the top three inches in a whirl-pak bag and measured the elemental concentration through the bag with the XRF.

## **Results**

During our dashboard survey of the area, we observed much forest area around the streams and extensive agricultural land as well (Figure 6). Many plots of land had livestock such as cattle, horses, miniature horses, and sheep. The density of animals was never observed to be very high. A railroad crosses through the area and a conservation club is located in the middle of the watershed.

Each of the six water samples were bright yellow, meaning they were positive for *E. coli* (Figure 7). *E. coli* has been found to be present in almost all of the stretches of Otter Creek in the IDEM 2014 report and we were able confirm that result with the presence of *E. coli* at each of our test sites in April 2015.



Figure 6: Images from our dashboard tour on December 4<sup>th</sup>, 2015. We observed a fairly stable watershed with much forested land and agriculture. We also saw many head of cattle, horses, and miniature horses, although the densities were not very high.

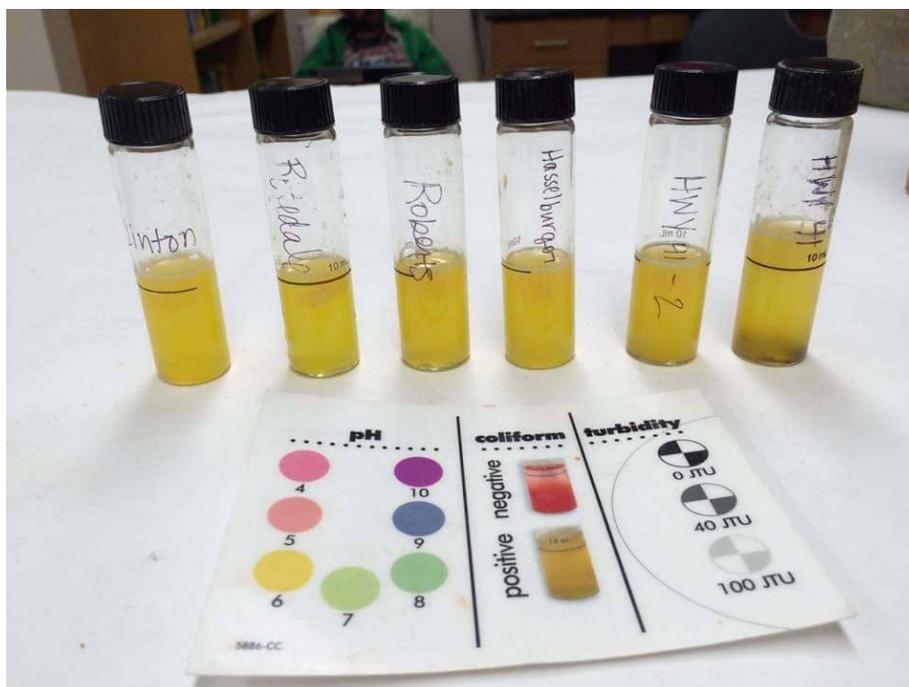


Figure 7: Each of the six sites tested positive for *E. coli* as represented by their yellow color. The pattern of elemental concentrations was consistent across the sites with relatively high levels of Iron, Manganese, Zircon, Strontium, Zinc, and Rubidium (Figure 6). Most of the levels were below the EPA Critical Continuous Concentration and Critical Maximum Concentration levels suggesting that the elemental concentrations in Otter Creek are safe for aquatic life.

XRF samples were taken at 10 locations between the two sample expeditions. These samples were clumped together for the analysis in this paper. Concentrations were relatively higher for iron, zircon, manganese, strontium, zinc, and rubidium (Figure 8). None of the individual sample sites stood out from the others as being consistently higher than the others and concentrations did not seem to increase as we moved downstream.

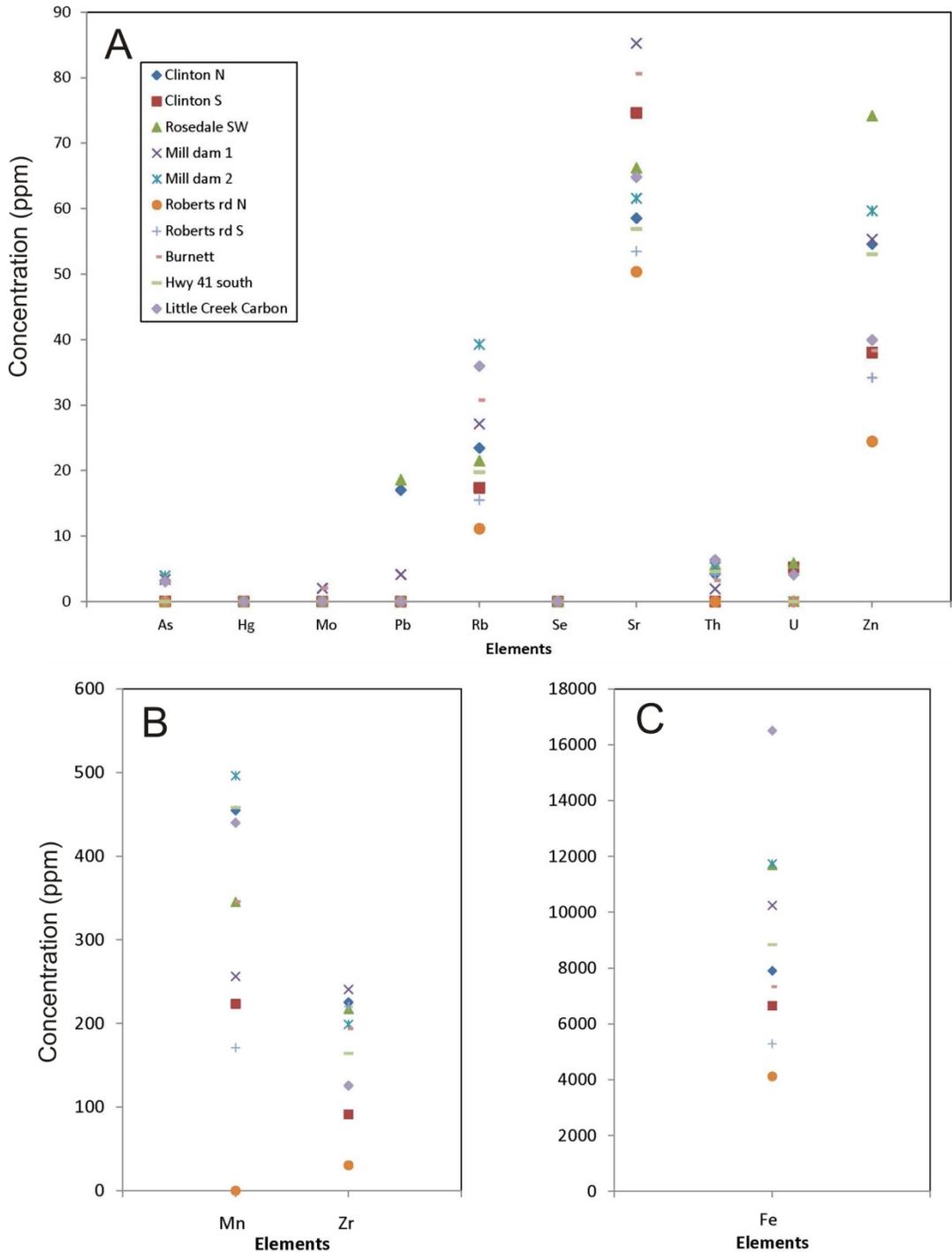


Figure 8: Elemental concentrations in the sediment along Otter Creek collected at road crossings of the different branches of the creek. Sites are organized from west (downstream – top) to east (upstream – bottom). Samples were collected in April 2015 and December. A shows the main suite of elements and the other charts B (Mn and Zn) and C (Fe) were drawn with a different vertical axis because of the values for each element.

## **Discussion**

As already noted, certain strains of *E. coli* can pose a significant threat to human health. Further tests would be required to deduce the amount of *E. coli* contamination and the strains involved in the contamination of Otter Creek. We also suggest that quantitative analysis of *E. coli* is likely to better locate the sources of the contaminant expecting that values would rise near the sources of pollution.

The higher levels of iron, zircon, manganese, strontium, zinc, and rubidium were found at all sites but most of these were below the EPA published values for Critical Continuous Concentration levels and are not a major concern for the watershed. Although, any continuous consumption of heavy metals by humans can be a concern and should be monitored through child blood tests since children are most susceptible to the dangers of heavy metal poisoning. The signs and symptoms of lead poisoning in children may include developmental delay, learning difficulties, weight loss, abdominal pain, vomiting, constipation, and hearing loss. Although children are primarily at risk, lead poisoning is also dangerous for adults. Signs and symptoms in adults may include abdominal pain, constipation, declines in mental functioning, pain, numbness or tingling of the extremities, memory loss, reduced sperm count, and miscarriage or premature birth in pregnant women (Coles, et al., 2014). Eating or drinking too much zinc in a short period of time can lead to adverse health effects, such as stomach cramps, nausea and vomiting. Eating large amounts of zinc for longer periods may cause anemia, nervous system disorders, damage to the pancreas and lowered levels of “good” cholesterol. There is no evidence that zinc causes cancer in humans (Zhan, et al., 2014). Complications that can arise from

ingesting too much iron include chronic fatigue, joint pain, liver disease, irregular heart rhythm, heart attack or heart failure, hair loss, or infertility (Jeż-Walkowiak, et al., 2015).

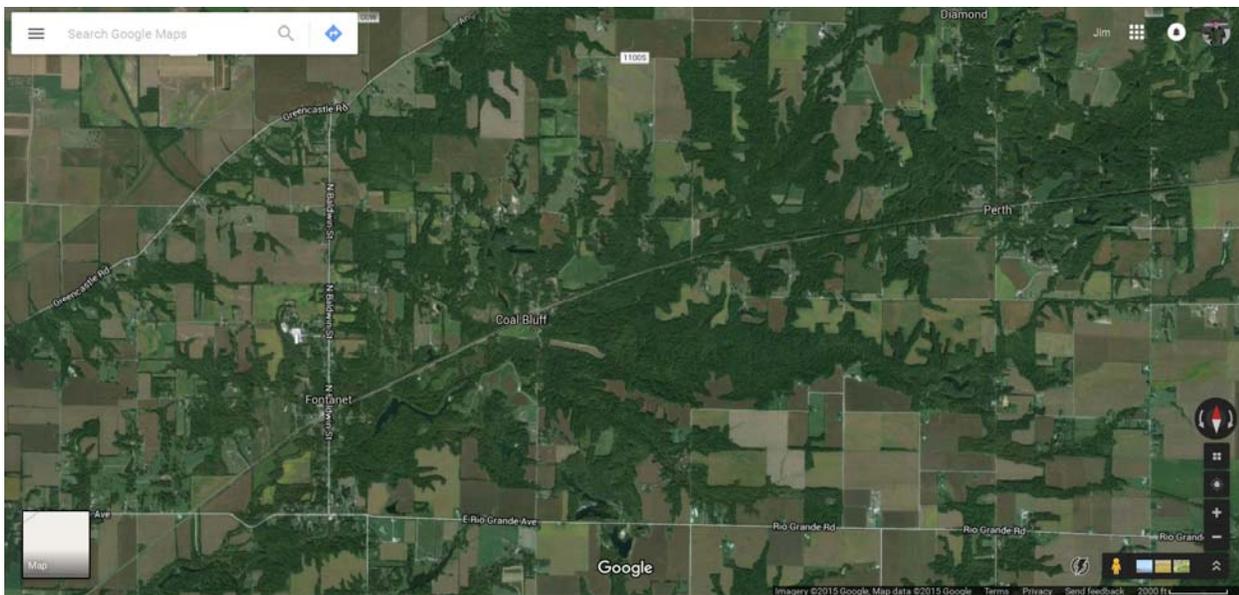
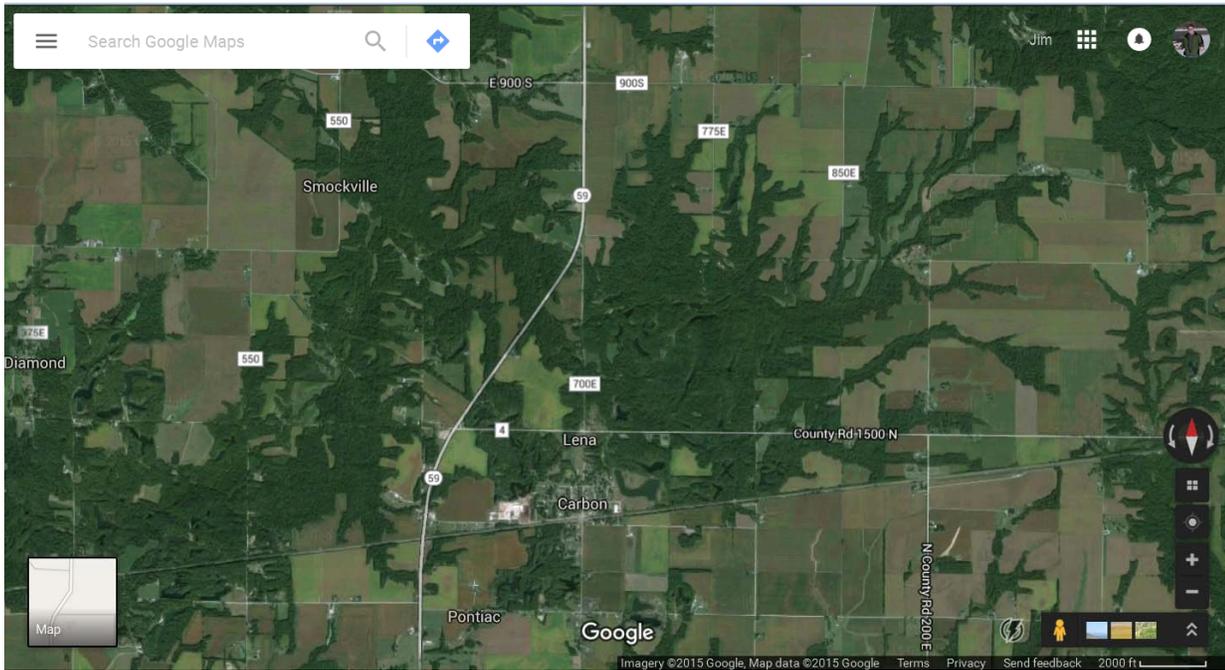
## **Conclusions**

From our study, we concluded that Otter Creek is indeed contaminated with *E. coli*, but further tests would be required to determine the amount, source, and strain type of the contamination. These further tests should include analysis of the strain of *E. coli* and quantitative analysis of *E. coli* at each sampling site that was collected by IDEM so that we can pinpoint higher concentrations of this bacteria to help direct us to the source of contamination. We should also realize that the source is true not a point source and simply an accumulation of due to small loads of manure from livestock throughout the watershed. The XRF tests revealed that all of the sites within our study area are not contaminated by heavy metals. We observed many potential partners in the watershed including the Vigo County Conservation Club, Otter Creek Middle School, Terre Haute North Vigo High School, the local fire departments in each town, and the town mayors in Terre Haute, Brazil, Staunton, Seelyville, and Carbon. The condition of the watershed looks quite good, but raising awareness of Otter Creek for recreation and wildlife habitat should increase its value to the local residents who would then hopefully be willing to work to reduce the *E. coli* in the creek to improve its condition and increase quality of life in the area.

## References

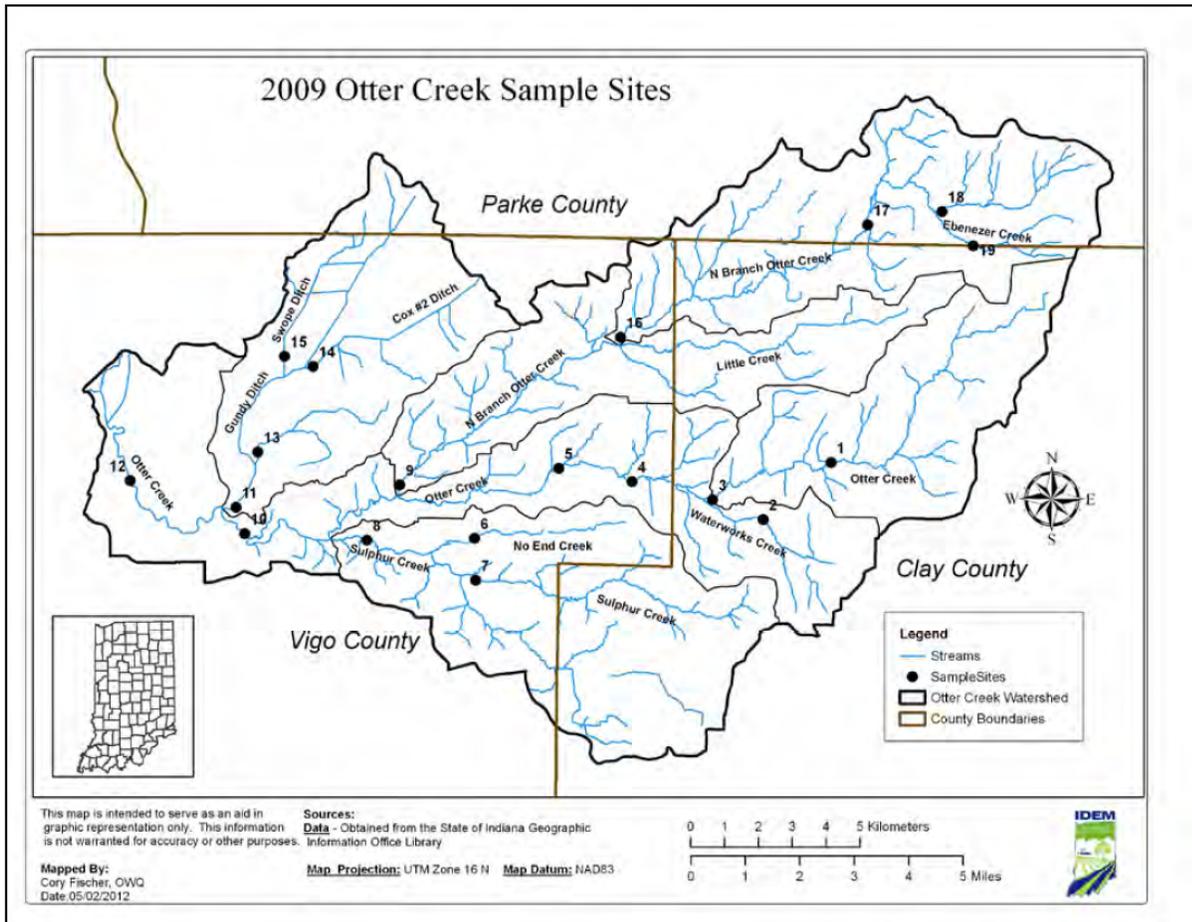
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## Appendix A: Satellite images of the Otter Creek Watershed from Google Maps.





**Appendix B: Graphics and tables from the IDEM 2014 report.**



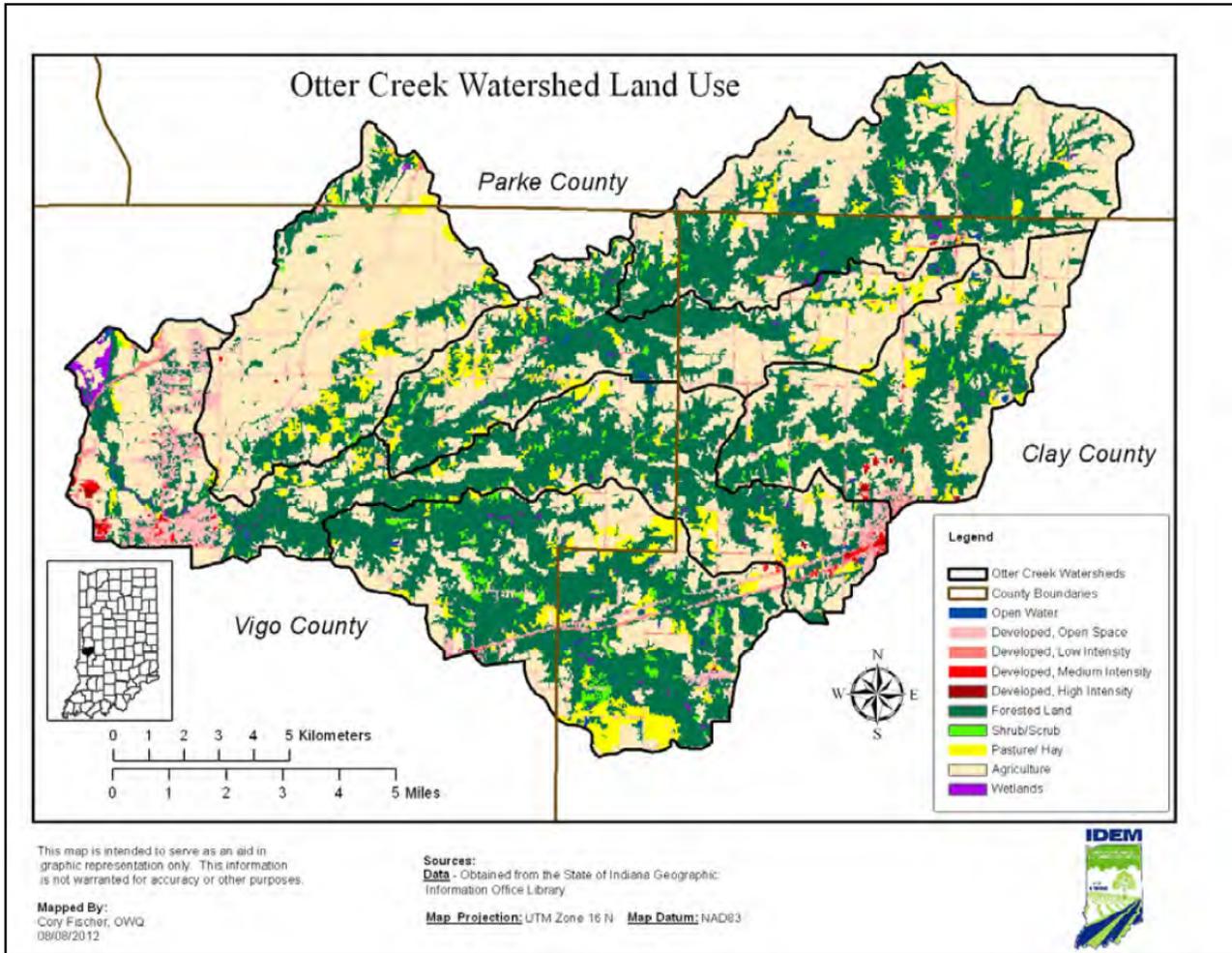
**Figure 3. Sampling Locations in 2009 Otter Creek Watershed TMDL**  
 From the IDEM 2013 TMDL Report

Table 2. Section 303(d) List Information for the Otter Creek Watershed for 2008 and 2014.

Watershed (10-digit HUC)	Subwatershed (12-digit HUC)	Previous AUID 2008	2008 Section 303(d) Listed Impairment	New AUID 2014	Updated Impairments to be Listed 2014
0512011104	Headwaters Otter Creek 051201110401	INB1132_T1021		INB1141_01	<i>E. coli</i>
	North Branch Otter Creek 051201110402	INB1134_02		INB1142_01 INB1142_01A INB1142_01B INB1142_01C	<i>E. coli</i> <i>E. coli</i> <i>E. coli</i> <i>E. coli</i>
		INB1134_T1002		INB1142_01_T1001	<i>E. coli</i>
		INB1134_T1002	<i>E. coli</i>	INB1142_01_T1002	<i>E. coli</i>
		INB1134_02	<i>E. coli</i>	INB1142_01_T1003	<i>E. coli</i>
		INB1134_T1006	<i>E. coli</i>	INB1142_01_T1004	<i>E. coli</i>
	INB1134_02	<i>E. coli</i>	INB1142_01_T1005	<i>E. coli</i>	
Little Creek- North Branch Otter Creek 051201110403	INB1135_T1032	<i>E. coli</i>	INB1143_01	<i>E. coli</i>	
	INB1135_T1001		INB1143_T1001	<i>E. coli</i>	
Sulphur Creek 051201110404	INB1135_T1003		INB1143_T1001A INB1143_T1002	<i>E. coli</i> <i>E. coli</i>	
	INB1136_00		INB1144_01	<i>E. coli</i>	
	INB1136_T1033	<i>E. coli, Sulfates</i>	INB1144_T1001 INB1144_T1001A INB1144_T1002	<i>E. coli</i> <i>E. coli</i> <i>E. coli</i>	
Gundy Ditch 051201110405	INB1136_00				
	INB1137_00		INB1145_01	<i>E. coli</i>	
	INB1137_00		INB1145_T1001 INB1145_T1002	<i>E. coli</i> <i>E. coli</i>	
Wastewaters Creek-Otter Creek 051201110406	INB1137_00				
	INB1133_T1002		INB1146_01	<i>E. coli</i>	
	INB1138_T1023	<i>E. coli, pH, Sulfates, TDS</i>	INB1146_T1001 INB1146_02 INB1146_03	<i>E. coli</i> <i>E. coli</i> <i>E. coli</i>	

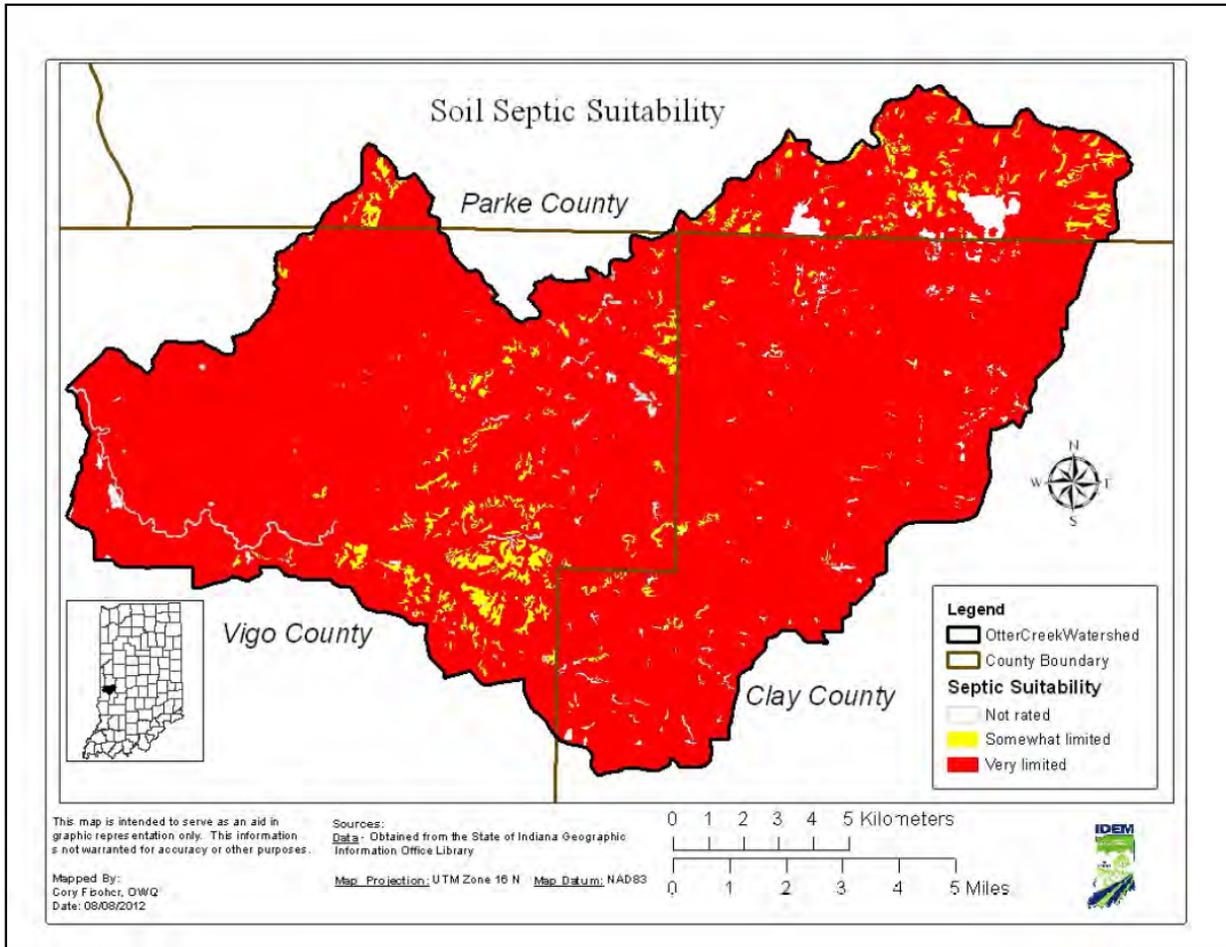
-Only the *E. coli* impairments are being addressed in this TMDL

From the IDEM 2013 TMDL Report



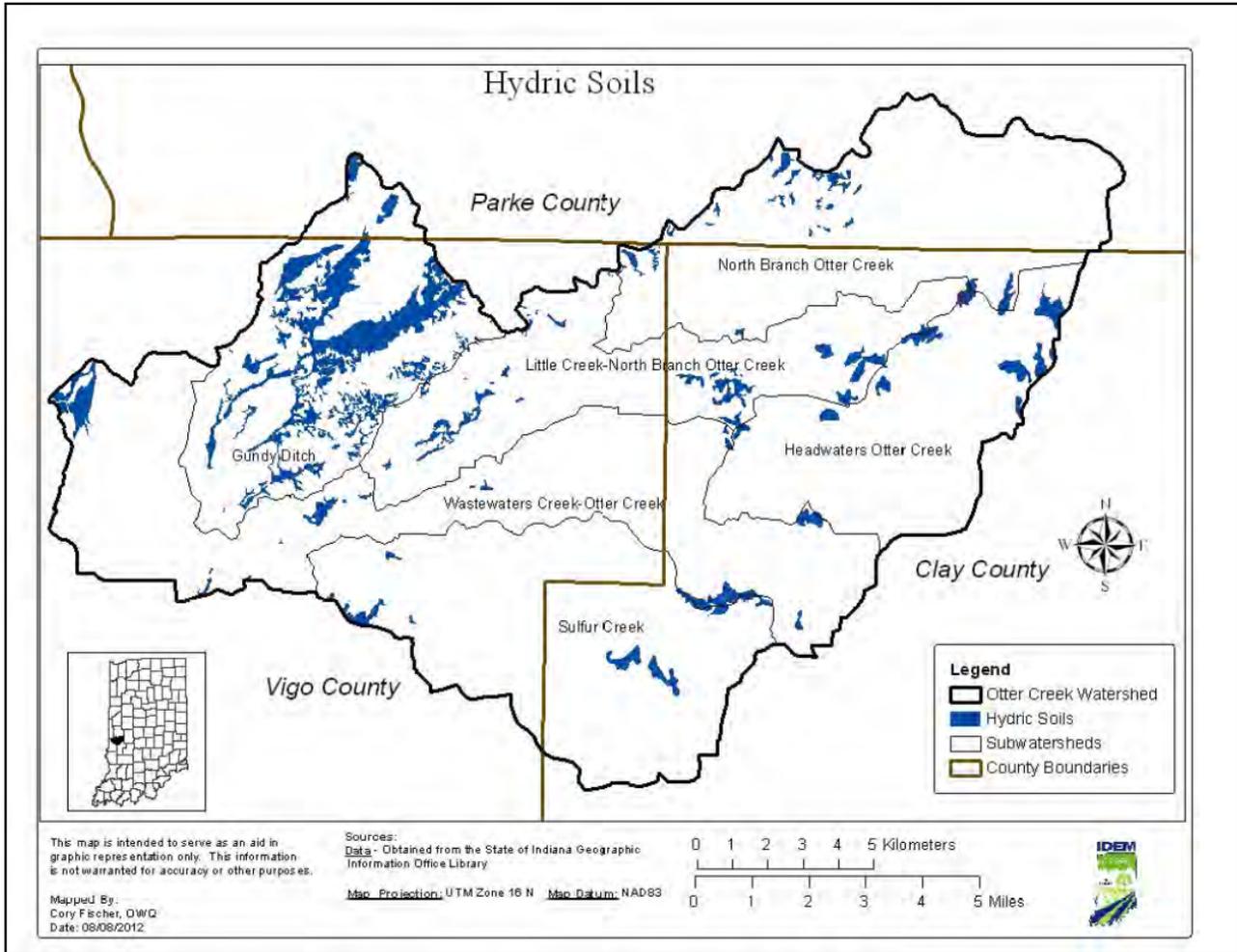
**Figure 6. Land Use in the Otter Creek Watershed**

From the IDEM 2013 TMDL Report



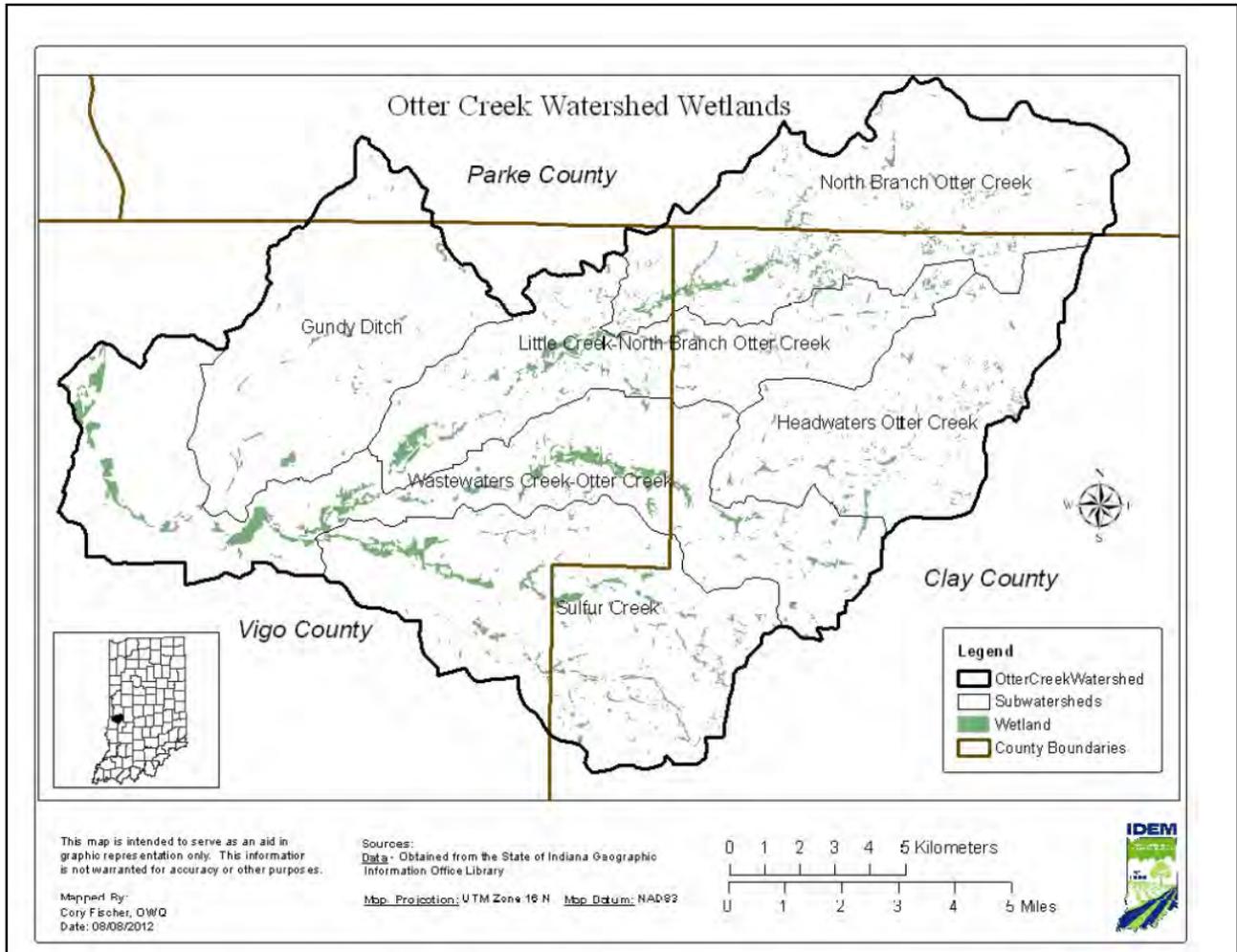
**Figure 11. Suitability of Soils for Septic Systems in the Otter Creek Watershed**

From the IDEM 2013 TMDL Report



**Figure 12. Hydric Soils in the Otter Creek Watershed**

From the IDEM 2013 TMDL Report



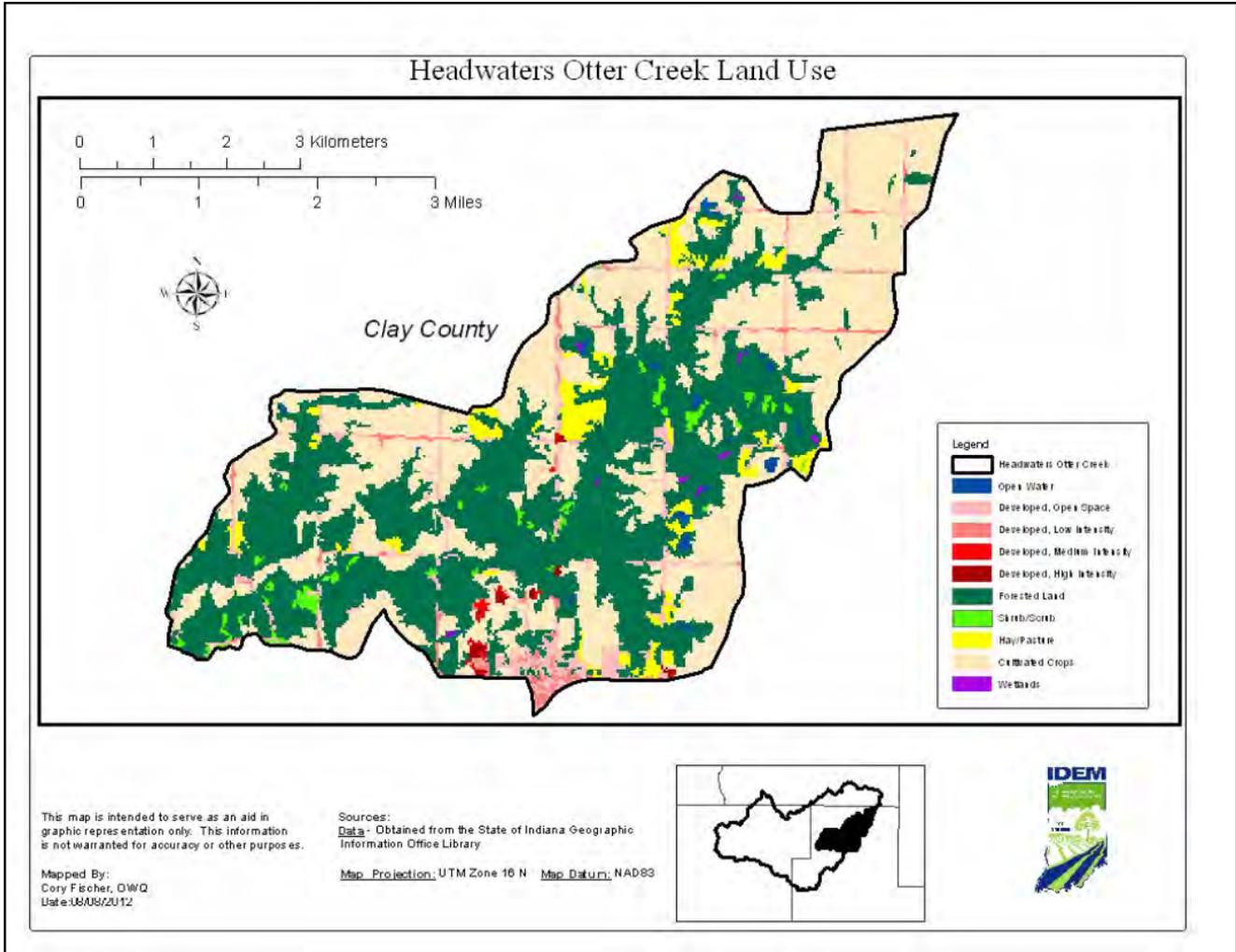
**Figure 13. Wetlands in Otter Creek Watershed**

From the IDEM 2013 TMDL Report

Table 8. HEL/Potential HEL Total Acres in the Counties in the Otter Creek Watershed

County	HEL/Potential HEL Soil Types	Acres
Clay	Chetwynd Loam	444.26
	Cincinnati silt loam	642.47
	Fairpoint shaly silty clay loam	2,380.15
	Hickory loam	4,501.65
	Hickory silt loam	389.58
	Parke silt loam	183.62
	<b>Total:</b>	<b>8,541.73</b>
Parke	Cincinnati-Hickory complex	538.87
	Hennepin-Russell complex	22.38
	Hickory complex	1,614.28
	Negley soils	9.35
	Parke Silt Loam	1.51
	Princeton fine sandy loam	17.54
	Russell silt loam	9.31
	<b>Total:</b>	<b>2,213.24</b>
Vigo	Alford silt loam	1,387.37
	Cincinnati silt loam	342.89
	Fox clay loam	17.79
	Hickory loam	4,504.71
	Negley Loam	579.67
	Parke silt loam	143.91
	Princeton fine sandy loam	334.46
	Rodman gravelly loam	88.57
	Strip mines	839.05
	<b>Total:</b>	<b>8,238.42</b>

From the IDEM 2013 TMDL Report



**Figure 15. Land Use in the Headwaters Otter Creek Subwatershed**

From the IDEM 2013 TMDL Report

Table 63. List of Potentially Suitable BMPs for the Otter Creek Watershed

Implementation Activities	Pollutant			Point Sources						Nonpoint Sources					
	Bacteria	Nutrients	Sediment	WWTPs	Regulated Stormwater Sources	CAFOs	Illicitly Connected "Straight Pipe" Systems	Cropland	Pastures and Livestock Operations	CFOs and AFOs	Streambank Erosion	Onsite Wastewater Treatment Systems	Wildlife/Domestic Pets		
Disinfection of primary effluent - chlorination	X			X											
Disinfection of primary effluent - ozonation	X			X											
Disinfection of primary effluent - UV disinfection	X			X											
Biological nutrient removal		X		X											
Inspection and maintenance	X	X	X	X	X	X							X		
Outreach and education and training	X	X	X	X	X	X	X	X	X	X	X	X	X		
System replacement	X	X					X						X		
Conservation tillage/residue management	X	X	X					X							
Cover crops	X	X	X					X			X				
Filter strips	X	X	X		X	X		X	X	X	X				
Grassed waterways	X	X	X			X		X		X	X				
Riparian forested/herbaceous buffers	X	X	X			X		X	X	X	X		X		
Manure handling, storage, treatment, and disposal	X	X				X				X					
Composting	X	X			X										
Alternative watering systems	X		X			X			X	X	X				
Stream fencing (animal exclusion)	X	X	X			X			X		X				
Prescribed grazing	X	X	X						X		X				
Conservation easements	X	X	X												
Two-stage ditches		X	X												
Rain barrel		X	X		X										
Rain garden		X	X		X										
Street rain garden		X	X		X										
Block bioretention		X	X		X										
Regional bioretention		X	X		X										
Porous pavement		X	X		X										
Green alley		X	X												
Green roof		X	X		X										
Levee or dike modification or removal		X	X												

From the IDEM 2013 TMDL Report

Implementation Activities	Pollutant			Point Sources					Nonpoint Sources				
	Bacteria	Nutrients	Sediment	WWTPs	Regulated Stormwater Sources	CAFOs	Illicitly Connected "Straight Pipe" Systems	Cropland	Pastures and Livestock Operations	CFOs and AFOs	Streambank Erosion	Onsite Wastewater Treatment Systems	Wildlife/Domestic Pets
Stormwater planning and management	X	X	X	X	X						X	X	X
Comprehensive Nutrient Management Plan	X	X						X		X			
Constructed Wetland	X	X	X	X			X	X					X
Critical Area Planting			X						X		X		
Drainage Water Management		X						X					
Heavy Use Area Pad	X		X						X				
Nutrient Management Plan		X						X			X		
Terrace			X					X					
Land Reconstruction of Mined Land			X								X		
Sediment Basin		X	X										
Pasture and Hay Planting	X	X	X					X	X	X	X		X
Streambank and Shoreline Protection			X					X	X	X	X		X
Conservation Crop Rotation		X	X					X	X	X			
Field Border	X	X						X	X	X			X
Waste Treatment Lagoon	X	X				X			X	X			
Conservation Crop Rotation	X	X	X					X			X		

From the IDEM 2013 TMDL Report

Table 64. Recommended Implementation Activities by Subwatershed

Subwatershed	PPIA Rank	Potential Implementation Actions
Wastewaters Creek- Otter Creek	1	Outreach, education, and training
		Manure handling, storage, treatment, and disposal
		Comprehensive Nutrient Management Plan
		Storm water planning and management
		Conservation easements
Sulphur Creek	2	Outreach, education, and training
		Manure handling, storage, treatment, and disposal
		Comprehensive Nutrient Management Plan
		Storm water planning and management
		Grazing land management
North Branch Otter Creek	3	Outreach, education, and training
		Filter strips
		Septic System replacement
		Stream fencing (animal exclusion)
		Grazing land management
Gundy Ditch	4	Outreach, education, and training
		Storm water planning and management
		Septic System replacement
		Grassed waterways
		Stream fencing (animal exclusion)
Little Creek- North Branch Otter Creek	5	Outreach, education, and training
		Filter strips
		Septic System replacement
		Grassed waterways
		Stream fencing (animal exclusion)
Headwaters Otter Creek	6	Outreach, education, and training
		Filter strips
		Septic System replacement
		Stream fencing (animal exclusion)
		Grazing land management

From the IDEM 2013 TMDL Report

Table 65. Summary of Programs Relevant to Sources in the Otter Creek Watershed

Source	State NPDES program	Local agencies/programs	Section 319 program	Section 205(j) program	ISDA Division of Soil Conservation	IDNR Division of Fish and Wildlife	USDA's Conservation of Private Grazing Land Initiative	USDA's Conservation Reserve Program	USDA's Conservation Technical Assistance	USDA's Environmental Quality Incentives Program	USDA's Small Watershed Program and Flood Prevention Program	USDA's Watershed Surveys and Planning	USDA's Wetlands Reserve Program	USDA's Wildlife Habitat Incentives Program
WWTPs and Industrial Facilities	X													
Regulated Storm water Sources	X													
Illicitly Connected "Straight Pipe" Systems	X	X												
Cropland		X	X	X	X	X		X	X	X	X	X	X	
Pastures and Livestock Operations		X	X	X	X	X	X	X	X	X	X	X		
CFOs	X					X								
Streambank Erosion		X	X	X	X	X			X	X	X	X		
Onsite Wastewater Treatment Systems		X												
Wildlife/Domestic Pets	X	X	X											
In-stream Habitat	X	X	X											X

From the IDEM 2013 TMDL Report